

# Miscarriage Blankets



The Preemie Project supplies Miscarriage Packages to The University of Iowa Women's clinic, L&D and other units that request the package. In the package, The Preemie Project includes a tiny knit or crochet memento blanket, a sympathy card and tiny baby feet charm. A votive candle is supplied by UIHC Touching Hearts Infant Bereavement Program.

The miscarriage package is intended for women that suffer a loss before the baby is big enough to be viewed, held and dressed. The tiny blanket serves as a memento of the baby that was lost.

**Sizes Needed for miscarriage blankets:** The miscarriage blankets should be from 8 inches x 8 inches up to 9 inches x 9 inches square.

**Colors Needed for miscarriage blankets:** The blankets should be solid, gender neutral colors such as white, cream, very light green or very light yellow. Do not use yarn that has ANY pink, purple, peach, or blue in it. Do not use ANY dark colors.

## ***Crafting Guidelines:***

- Use the very softest baby yarn you can find.
- Yarn should be of DK weight or lighter. A baby yarn is best. Worsted weight yarn is not appropriate for these tiny items.
- Use a pattern that is pleasing to look at. A plain stockinette knit stitch or double crochet blanket is not appropriate.
- The clinic nurses requested that the blankets be knit or crochet. Sewn blankets are not used in these packages.

## ***Suggested Patterns for miscarriage blankets:***

Tiny shell Crochet Miscarriage Blanket  
Simple Waffle Pattern Knit Miscarriage Blanket  
Little Hearts Miscarriage Blanket  
Knit feather and fan Miscarriage Blanket

### **Tiny Shell Crochet Miscarriage Blanket Pattern**

**Yarn:** Use only DK weight Yarn. Acceptable colors are white, cream, light yellow, light green. No

variegated yarn please

**Hook:** Use Hook size the yarn calls for

#### **Chain 47**

**Row 1:** 2 DC in 4th ch from hook, skip 2 ch , \*1 SC in next ch, skip 2 ch , 5 DC in next ch, skip 2 ch, repeat from \* ending 1 SC in last ch, turn

**Row 2:** 3 CH, 2 DC in front loop of first sc, skip 2 dc, \*1 SC in front loop of next dc (the center dc of 5), skip 2 dc, 5 DC in front loop of next sc, skip 2 dc, repeat from \*, ending 1 sc in 3rd of 3 ch, turn

**Row 3:** As row 2, but working in back loops of sts. **Repeat rows 2 and 3** until the tiny blanket is square. Blanket should be 8 to 10 inches square when complete

### **SIMPLE WAFFLE PATTERN KNIT MISCARRIAGE BLANKET**

**Yarn:** Recommend Bernat Softee Baby or other very soft yarn of similar weight and gauge. Acceptable colors are light green, white, antique white, light yellow. Do not use variegated yarn.

**Needle:** size 6 or size needed to achieve correct gauge

**Gauge:** 22 stitches per 4 inches

Finished size should be 8 inches square.

**Cast on 44 sts.**

Row 1-4: : Knit

Row 5: K4, [P4, K4] 5 times

Row 6: K4, [K4, P4] 4 times; K4, K4

Row 7: K4, [P4, K4] 5 times

Row 8: K4, [K4, P4] 4 times; K4, K4

Row 9: K4, [K4, P4] 4 times; K4, K4

Row 10: K4, [P4, K4] 5 times

Row 11: K4, [K4, P4] 4 times; K4, K4

Row 12: K4, [P4, K4] 5 times

Repeat rows 5 - 12 until the piece is 7.5 inches total length.

End with 4 knit rows

Cast off.

**Little Hearts Miscarriage Blanket** (A modification of Pattern #35, "Elfin Lace" found in the book, Sampler Afghans from Leisure Arts)

**Yarn:** Sirdar Snuggly DK, Berroco Comfort DK, Bernat Softee Baby **Needles:** size 6 or size needed to achieve correct size

**Finished size:** 8-9 inches square

**Cast on 41 stitches.**

**Knit 5 rows of garter stitch. Start Pattern:**

Row 1 and All Wrong Side Rows: **K4**, Purl to last 4 sts., **K4**.

Row 2: **K4**, K2, YO, SSK (K6, YO, SSK) 3 times, K5, **K4**.

Row 4: **K4**, K3, YO, SSK, (K3, K2 tog, YO, K1, YO, SSK) 3 times, K4, **K4**.

Row 6: **K4**, K4, YO, SSK, (K1, K2tog, YO, K3, YO, SSK) 3 times, K3, **K4**.

Row 8: **K4**, K2, K2 tog, YO, K5 (YO, slip 2 as if to **knit**, K1, P2SSO, YO, K5) 3 times, **K4**.

Row 10: **K4**, (K6, YO, SSK) 4 times, K1, **K4**.

Row 12: **K4**, K4, K2 tog, YO, (K1, YO, SSK, K3, K2 tog, YO) 3 times, K3, **K4**.

Row 14: **K4**, K3, K2 tog, YO, (K3, YO, SSK, K1, K2 tog, YO) 3 times, K4, **K4**.

Row 16: **K4**, K5, YO, (slip 2 as if to **knit**, K1, P2SSO, YO, K5, YO) 3 times, K2 tog, K2, **K4**.

**Repeat Rows 1 – 16 (3 times), then knit Row 1. Knit 5 rows of garter stitch.**

**Bind off** (not too tightly)

### **Feather & Fan: 8" Baby Blanket**

Cast on 46 stitches on #6 needles, using Bernat Softee Baby Yarn. For Premie Project Bereavement, use only Antique White, Lemon, Mint, or White.

First 4 rows and last 4 rows, all garter stitch for borders.

Then repeat the next 4 rows to desired length:

Pattern:

Row 1: Knit 5, place marker, knit to last 5 sts, place marker, K5. Row 2: Knit 5, Purl to last 5 sts. Knit 5.

Row 3: K 5, K2 together 3 times, (yo knit 1) 6 times, K2 together 6 times, (yo knit 1) 6 times, K2 together 3 times, K5.

Row 4: Knit

Finish with 4 rows of garter stitch; Bind off.