



# Marital First Responders Training

Monday, September 24

1:30 p.m.

Gloria Dei Lutheran Church  
8301 Aurora Avenue, Urbandale

Pastors' wives event at Pastors Conference

RSVP: [ellie@iowadistrictwest.org](mailto:ellie@iowadistrictwest.org) or 515-370-1159

*Be equipped & ready to help the marriages of  
your friends & family!*

Facilitated by



Lutheran  
Family Service

*Marital*  
**FIRST RESPONDERS**

## **Has anyone ever confided in you that their marriage is struggling?**

Most people who are worried about their marriage don't go to a professional such as their pastor or a marriage therapist. They go to a friend, co-worker or family member whom they trust.

If you are one of these “natural confidants,” do you feel confident in your ability to help? If you don't, you're not alone. Research shows that many friends or family members want to be helpful but don't know what to do or say.

Join us to learn how to be more effective and feel more confident as you support your friends, co-workers or family members during difficult times in their marriages!

## **It's not just for married couples!**

This training is for individuals who are married, single, widowed or divorced—young or old—as long as they see themselves as confidants to others.

Imagine...communities in Iowa filled with marital first responders who are effective, skilled and confident in helping marriages not just survive tough times, but thrive!

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In addition to providing marriage counseling for couples whose relationships are struggling and at risk for divorce, Lutheran Family Service is actively working to support and build healthy marriage relationships at all levels. This training, provided for and through LCMS congregations in Iowa, is part of that effort. Blessings guaranteed!