

## Human Care Resources - State of Iowa

Suggestions for additional resources are welcome; please contact Jill Davis ([jill@iowadistrictwest.org](mailto:jill@iowadistrictwest.org) or 515-576-7666).

### Assisted Living Research Institute

- [www.assistedliving.org/iowa/](http://www.assistedliving.org/iowa/) - An industry-leading research organization dedicated to enhancing the lives of older adults by compiling comprehensive research, the latest studies, and real-world insight from experts, caregivers, and seniors into easy-to-understand, actionable guides and resources. Shares all services available for seniors living in Iowa, outlines helpful state programs for seniors and allows to find assisted living facilities in every city.

### Deaf Services Commission of Iowa (DSCI)

- [www.humanrights.iowa.gov/cas/ds](http://www.humanrights.iowa.gov/cas/ds) - The Office of Deaf Services formerly the Division of Deaf Services Commission of Iowa is a proud partner in the strategic reorganization of the Iowa Department of Human Rights (DHR). Reorganized in spring 2010, DHR's new mission is to ensure basic rights, freedoms, and opportunities for all by empowering underrepresented Iowans and eliminating economic, social, and cultural barriers.

### Iowa Coalition Against Domestic Violence (ICADV)

- [www.icadv.org/local.php](http://www.icadv.org/local.php) - The Iowa Coalition Against Domestic Violence (ICADV) is a state level nonprofit organization that responds to the needs of battered women and children. Currently, there are 28 direct service domestic violence member programs across the state. ICADV staff provides training, counseling, community outreach, program management and technical support for the member programs, professionals, and the community. ICADV administers seven programs, including but not limited to State Certification of Domestic Violence Programs and Advocates, Legal Assistance to Victims, and a statewide rural AmeriCorps program.

### Iowa Community Action Association (ICAA)

- [www.iowacomunityaction.com](http://www.iowacomunityaction.com) - Iowa's Community Action Agencies are locally-based private, non-profit organizations that network with a wide-array of local organizations to enhance the opportunities for low-income Iowans (children and families) to meet basic needs and develop their own capacity to do so. We are committed to helping low-income Iowans change their lives by breaking the cycle of poverty and removing the barriers to achieve self-sufficiency.

### Iowa Department on Aging

- [www.aging.iowa.gov](http://www.aging.iowa.gov) - The Iowa Department on Aging serves a fast-growing segment of Iowa's population- people 60 years of age and older. IDA has two divisions- Policy & Administration and Elder Rights/Home & Community-Based Services- that work to accomplish the wide-ranging goals of the Older Americans Act.

### Iowa Department for the Blind

- [www.blind.state.ia.us](http://www.blind.state.ia.us) - The Iowa Department for the Blind helps empower blind and visually impaired Iowans to lead active and fulfilling lives. The Department educates and trains them in alternative techniques while instilling them with confidence for independent living and competitive job placement. These skills enable those with vision loss to fully participate in life, through work, family and community and help them achieve their dreams.

## Iowa Department of Human Services (DHS)

- [www.dhs.state.ia.us](http://www.dhs.state.ia.us) - Listen to and address the needs of customers in a respectful and responsive manner that builds upon their strengths. Services promote meaningful connections to family and community. The Department of Human Services (DHS) provides services to over 900,000 Iowans on an annual basis. These services fall into the following major groups: Child, Family, and Adult Services; Economic Assistance; Health Coverage; Mental Health Treatment; Long Term Care Coverage and Treatment.

## Iowa Department of Public Health (IDPH)

- [www.idph.state.ia.us](http://www.idph.state.ia.us) - The Bureau of Family Health promotes the health of Iowa families by providing resources for health care services through public and private collaborative efforts. We advocate for services that are family-centered, community-based, and culturally sensitive. Through these efforts, community entities are empowered to develop local health care systems that meet present and future health needs.

## Iowa Department of Veteran Affairs

- [www.va.iowa.gov](http://www.va.iowa.gov) - The mission of the Iowa Department of Veteran Affairs is to serve veterans and families. They are dedicated to ensuring Iowa veterans and their dependents receive the full measure of county, state, and federal benefits to which they are entitled. They are committed to helping our newest veterans with successful reintegration into civilian life. Iowa possesses an intricate network of individuals dedicated to serving veterans. Each county has a Commissioner of Veterans Affairs and a County Director to aid veterans in various areas of need.

## Iowa Legal Aid

- [www.ianepca.com](http://www.ianepca.com) - Iowa Legal Aid is a nonprofit organization providing critical legal assistance to low-income and vulnerable Iowans who have nowhere else to turn. Along with volunteer lawyers throughout the state, Iowa Legal Aid helps the legal system work for those who cannot afford help with legal issues.

## Iowa Primary Care Association

- [www.ianepca.com](http://www.ianepca.com) - The Iowa Primary Care Association (Iowa PCA) provides technical assistance and training to Iowa community health centers to support their ongoing commitment to provide quality, affordable primary and preventive health care to the underserved in Iowa. Many of the member community health centers provide access to medical, dental and behavioral health services. Because of this, the member health centers provide a health home to more than 181,000 individuals.

## Living Well Iowa (LWI)

- [www.livingwelliowa.org](http://www.livingwelliowa.org) - a resource for people with disabilities and for those with ongoing health concerns. LWI provides health and wellness information and classes. Their goal is to help people learn lifestyles that are healthier and more satisfying.

## N11 Community Resource Codes

- Most people are familiar with dialing 911, but some may not be aware of the other "N11" codes. N11 is a three-digit shortcut to reach special community resources. The numbers are set aside by the Federal Communications Commission and operated by the community service provider. For example, the Iowa Department of Transportation (DOT) operates the 511 service describing road and traffic conditions.

211	Community information and referral services, including food, shelters, clothes, health insurance programs, support groups, counseling, financial assistance, meal services, child care, legal services, etc. There are 2-1-1 call centers serving all 99 counties in Iowa.
511	Travel information, including the status of roadway construction, accidents, detours and winter road conditions. Iowa information is provided by the Iowa DOT. 511 services are available in

	most other states. The information you receive is based on the location from where you are calling. 511 is the abbreviated number for 800-288-1047 (available nationwide).
711	The Telecommunications Relay Service that allows people who are deaf, hard-of-hearing or speech-disabled to place calls to standard telephone users via a keyboard or other assistive device.
811	This "Call Before You Dig" number arranges for utilities to be located and marked, preventing damage that can interrupt service and place the public at risk.