

# PILLOWCASE DRESSES FOR HAITI

## Modifying a Pillowcase to Make the Dress

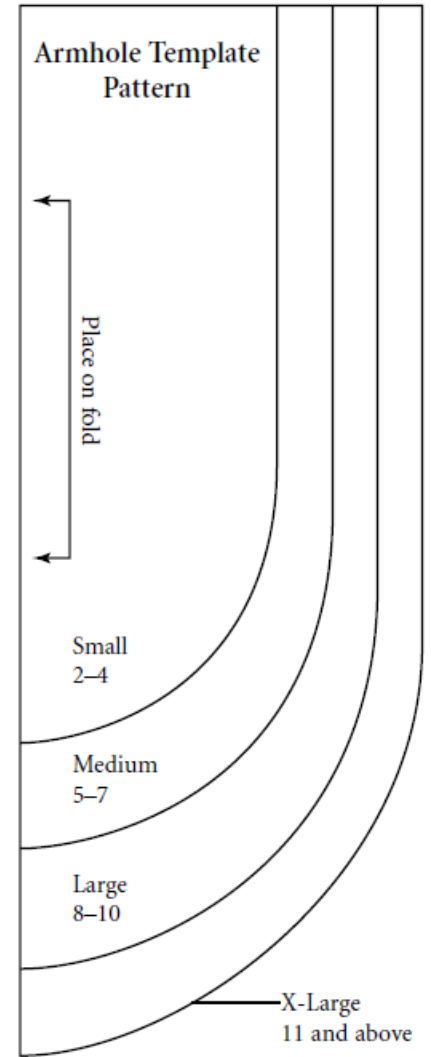
Materials required:

- One new or gently used cotton pillowcase
- 2 ½ yd. double fold bias tape
- 12"-16" elastic, ¼" wide, depending on size
- Coordinating all-purpose thread

## Making the Dress

1. Trim off the seamed end of the pillowcase. Do not cut off the hemmed edge; it will be the hem of the dress.
2. Cut out armholes on the cut edge, using the Armhole template as a guide.
3. Fold under casings at the front and back top edges (the edges containing the armholes). Fold edge under ¼", then ½" to make each casing. Edgestitch casings.
4. Cut elastic into two equal lengths (6" for size small, 7" for size medium, and 8" for size large). Insert one length into each casing. Thread elastic through the casing; stitch elastic ends to the outer edges of the casing to prevent them from pulling out. This gathers the front and back edges.
5. Cut two 38" lengths of double fold bias tape. Open tape and turn under ¼" on each end to finish the ends of the tape. Refold tape and encase armhole, allowing equal tape extensions at each end of the armhole so the dress can be tied at the shoulders. Edgestitch tape.

Optional: Trim dress as desired.



Contact Ellie Menz with questions or for more information; 515-370-1159 or [ellie.menz@idwlcms.org](mailto:ellie.menz@idwlcms.org)  
Mailing address: 807 W South St., Jefferson, IA 50129